

Experience Self Mastery

Detox your body and mind

I believe that at the core of every human being there is the ability to Love fully and completely, but for one reason or another, be it experiences during childhood and/or adulthood, many of us have lost touch with our ability to Love ourselves freely, honestly, and without fear. In this retreat we will create the space for unconditional love.

In this 3 day retreat you will

- Spend time in the silence.
- Vegetable Juice to detox the body and clear the mind.
- Replenish your soul with self-love.
- Feel your oneness.

Testimonies:

"I wish I had done this workshop a long time ago"

"I didn't realize how hurt I had been & how much forgiving of others I still had to do"

"I got clarity on issues, I needed to release"

"I'm going home and cleaning out my closets. I feel 20 pounds lighter"

It's time to stop talking about what you want and start embodying it.

This workshop will transform your life!!!

Change will never happen until you choose. Are you ready?

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